

# POSITIVE IMPACT Foundation

## NEXT EVENT EASTER HOLIDAY CAMP

HAF CAMPS



£10 PER DAY  
£8 ADDITIONAL SIBLINGS  
HAF CODES ACCEPTED!

Our holiday camp is back for Easter, and HAF is back! Get FREE entry and lunch with an eligible HAF code.

Packed full with sports, arts & crafts, quizzes and lots more!

All staff are DBS checked, first aid trained and hold a minimum Level 3 qualification.



Mon 11th - Thur 14th April 2022  
Tues 19th - Fri 22nd April 2022



9AM - 4PM



Michael Drayton, Nuneaton, CV10 0SZ



Tues 12th & Thurs 14th April 2022  
Tues 19th & Thurs 21st April 2022



9AM - 4PM



Sydni Centre, Leamington, CV31 1PT



LEAH GRANT  
HEAD OF FOUNDATION

1st March 2022

## “THANK YOU”

A great start to 2022; we have been inundated with extra sessions this year so far! Coaches covered subjects from PE, to Maths and Geography! We would like to thank all of our schools for continuously putting the trust in us to support your pupils across their curriculum.



MITCH OATTES



Mitch joined us as an Apprentice after studying as a student at our Academy. Having reached the end of his studies, he has gained numerous coaching qualifications and lots of experience. Mitch is now a confident coach delivering over 15 sessions in schools per week.

## SCHOOL SPOTLIGHT



It has been a successful and productive couple of months for our year 4 Inspire group at St Paul's. They have been working really well with Owen, Mitch and Chloe.

Last term we have looked at a variety of different topics, from Stop-Motion Animation using iPads, to designing and building our own electrical circuits, and have finished the term by beginning to look at UK cities and counties. The boy's have worked very hard and produced work worthy of our display boards in the classroom. They have been tested by doing work out of their normal comfort zone and they have really benefitted from this Inspire session, with it helping them in other aspects of their school life.

A huge well done to Hunter, Brandon, Oscar & Ryan for having a great term and really succeeding in their work - 2 of which also won our Hour of Honour Awards last term too!!

## Positive Impact's 5th Birthday

As The Positive Impact Group turns 5, we take a look back on just the last year and some of the huge achievements we have made collectively across both the Foundation and Academy.

### Here's what our Director James Armson had to say...

"Today Positive Impact turned 5 years old. Don't think I could be prouder of what we've achieved this last year!

To all partners who have worked with us this year, thank you.

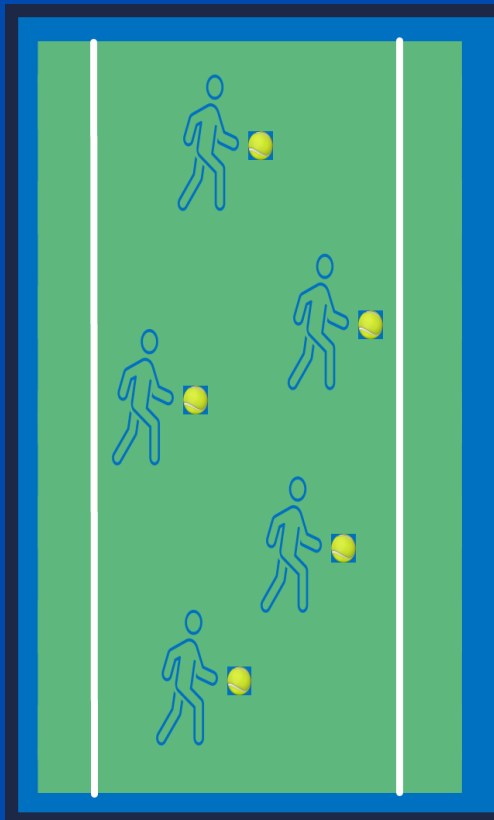
To all our amazing staff that have worked so hard this year, I know how tough it's been and the relentless passion, desire and patience you have shown has been amazing! For this I can't thank you enough!

Next stop a decade..."





## SESSION SHARE



### NET & WALL SESSION 1

**CONTROL**

**ACCURACY**

**COORDINATION**

#### DETAILS

##### SESSION SET UP

Get lots of tennis balls and hoops, and then get the children in suitably matched pairs. For the warmup, they will need a ball each.

##### SESSION RULES

To warm up, have the children moving around the area, moving the ball in the hands in as many ways as they can. E.g., bouncing it, throwing it up and catching it, one hand catching, throw clap catch etc. Coach to lead this and guide different ways to the group. Add in elements of sharing the ball on command using words like "switch or change".

The children will now do a rally with themselves, by letting the ball bounce one, then trying to hit the ball back up with a controlled hit. Encourage them to alternate hands if they can, depending where the ball lands.

When children are ready, pair them up and ask them to try and continue the bounce and hit game with a partner. They can play as a team to keep the ball up together or they can play against each other for points.

##### KEY LEARNING POINTS

- Try to keep control of your ball by hitting it with different parts of your hand
- Try to control the direction and amount of power you use when hitting the ball
- Try and use accuracy by getting the ball to land where you want it to
- Try to coordinate your eyes and hands to make sure you meet the ball each time
- Try to use coordination to move your feet in order to meet the ball when it lands



## HOUR OF HONOUR

Here at the Foundation, we appreciate every school and pupil that we work with, and love to recognise their fantastic achievements. We would like to honour your pupils with prizes, certificates, free passes or Positive Impact Foundation merchandise to celebrate their achievements in or out of the classroom.

### RULES

- Send your nominations to Leah Grant by the 11th March.
- Up to 2 pupils will be selected from each school.
- Send as many nominations as you like, we will choose 2 winners.
- Include your reason for nominating the pupils.
- Prizes will be delivered to school by a Foundation Coach to present to the pupils.
- Where appropriate, a photo will be taken for our social media or website.
- The pupils you nominate can be **ANY** pupil, not just pupils we work with.



This month we will be gifting your nominated pupils with a **FREE Family Pass** for our Energise Programme.

This means weekly online exercise sessions including cardio and yoga! A yummy recipe card each week too.